

BURST

*Building Understanding, Resilience,
& Strength Together*



AGENDA

- HISTORY
- EVALUATION TOOLS
- FUTURE PLANS
- LESSONS LEARNED



Burst Pilot 2016

- BURST was Piloted in July 2016
- Participants were comprised of local youth and CYAC members



BURST in 2017

2 Camps and 2 Quarterlies

31 youth later...



EVALUATION TOOLS

- Head, Heart, Feet
- Adolescent Program Quality Survey
 - Photovoice



HEAD, HEART, FEET










“After I leave here I am going to quit weed and smokes, and I want to take charge more and be involved in things.”

“I feel happy with all my new friends, and I feel like it helped me learn to deal with things correctly which makes me happy.”



ADOLESCENT PROGRAM QUALITY SURVEY

Example done in 2017 BURST Level 1 August camp:

6. I learned to work with others as a team	1	2	3	4	5 
7. Activities taught me to develop a plan to reach my goals	1	2	3	4 	5
8. I was challenged to think and build skills	1	2	3	4	5 
9. There were opportunities to learn new things	1	2	3	4	5 
10. I felt that I could make a difference	1	2	3	4 	5
11. I was encouraged to take responsibility	1	2	3	4 	5
12. I gained a broader view of [name of program]	1	2	3	4 	5



PHOTOVOICE



PROGRAM GOALS

For all 3 levels:

- 1) Promote positive youth development;
- 2) Increase youth engagement with supports;
- 3) Increase skills and abilities.



Where we started and where are we going

2016:

- 4 Facilitators from GSPS and 4 facilitators from NYS.

2017:

- 4 Facilitators from GSPS and 4 facilitators from NYS.
- In 2017 Youth probation has committed 2 Youth probation officers to the program.

2018:

- 2 Facilitators from GSPS, 4 facilitators from NYS, 2 facilitators from Youth Probation and 2 facilitators Elizabeth Fry Society



Lessons learned

- 1) Needed to start younger, in 2018 Level 1 will be with grade 6.
- 2) Advertising is important, started in February this year.
- 3) NYS needs to take the coordination role.
- 4) GSPS continues to partner with Laurentian University Social Work program.
- 5) Wendigo Lake training is essential.
- 6) Backup plans for events.



QUESTIONS

